

# How to take an ACT Profile Inventory

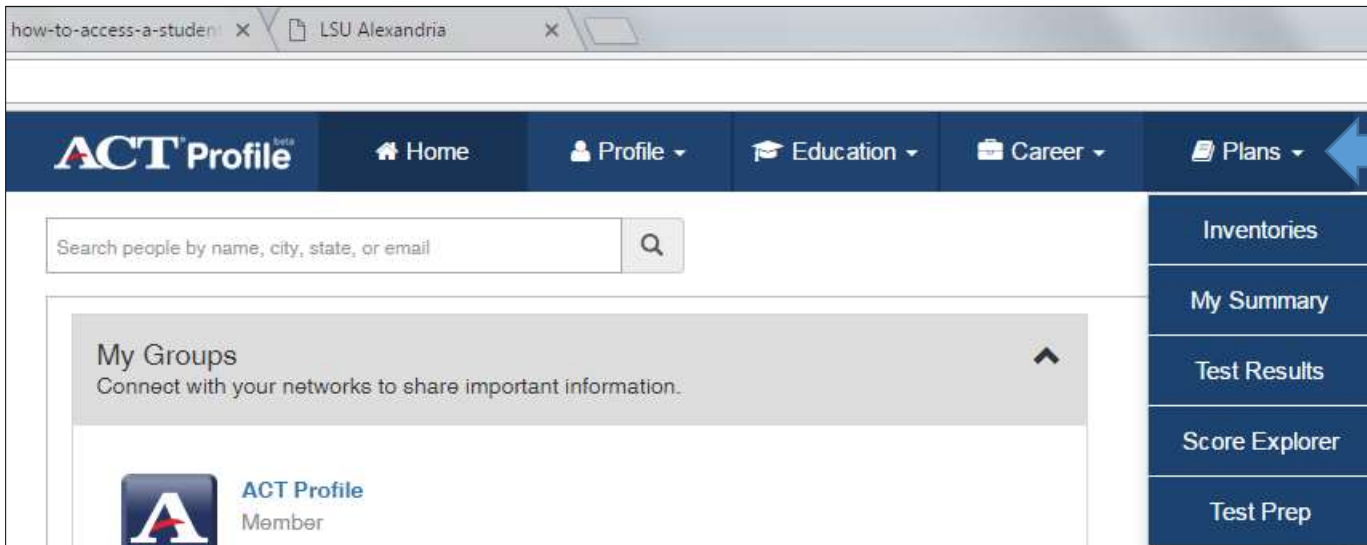
**Step One:** Create a free ACT Profile account by clicking the link below and completing the online registration form: <https://www.actprofile.org/login>.



**Step Two:** Once you have created your account, log on with your new ACT Profile username and password.

The image shows the ACT Profile Sign In page. At the top, the text "Sign In" is displayed in a large font, followed by "Sign in to ACT Profile or MyACT" and "If you are looking for access to another type of account click here." Below this, there is a form with two input fields: "Email or Username" and "Password". Both fields are marked as "Required". Below the "Password" field, there is a "Show Password" toggle and a "Forgot password?" link. A blue "Sign In" button is positioned below the form. Below the button, there is an "Or" separator and a "Sign in with Google+" button. Below the Google+ button, there is a link that says "Don't see the social account you used before?". At the bottom of the page, there is a link that says "Don't have an account? Create Account".

**Step Three:** Once you are logged on, go to the **Plans** dropdown menu at the top of the page towards the right-hand side and select **Inventories**.



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ACT Profile Home Profile Education Career Plans

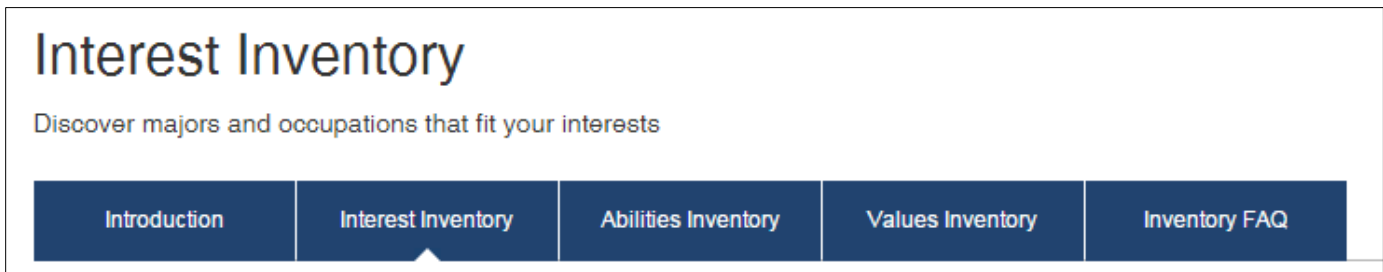
Search people by name, city, state, or email

My Groups  
Connect with your networks to share important information.

ACT Profile Member

Inventories  
My Summary  
Test Results  
Score Explorer  
Test Prep

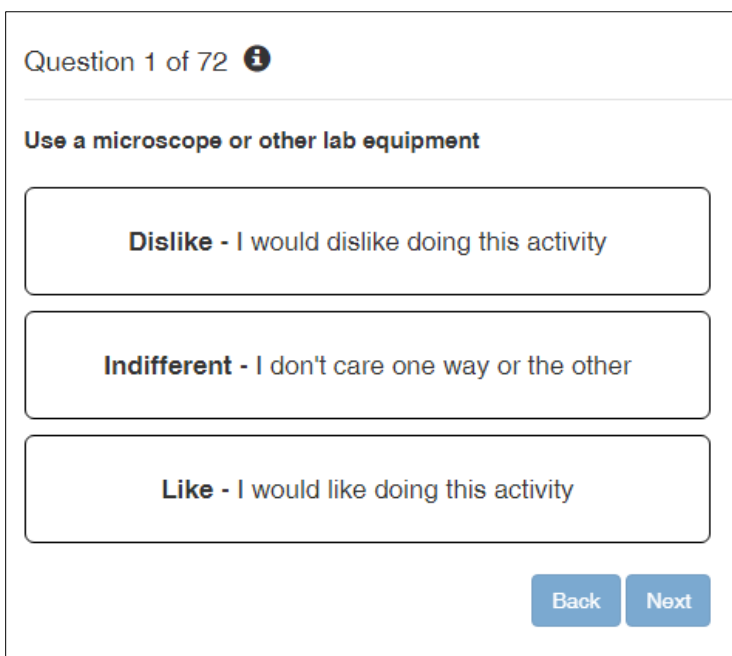
**Step Four:** There are three available Inventories that you can take. One assesses your **Interests** (72 Questions), one assesses your **Abilities** (18 Questions), and one assesses your **Values** (22 Questions). Click on the Inventory you'd like to take and begin answering the questions.



## Interest Inventory

Discover majors and occupations that fit your interests

Introduction Interest Inventory Abilities Inventory Values Inventory Inventory FAQ



Question 1 of 72

Use a microscope or other lab equipment

Dislike - I would dislike doing this activity

Indifferent - I don't care one way or the other

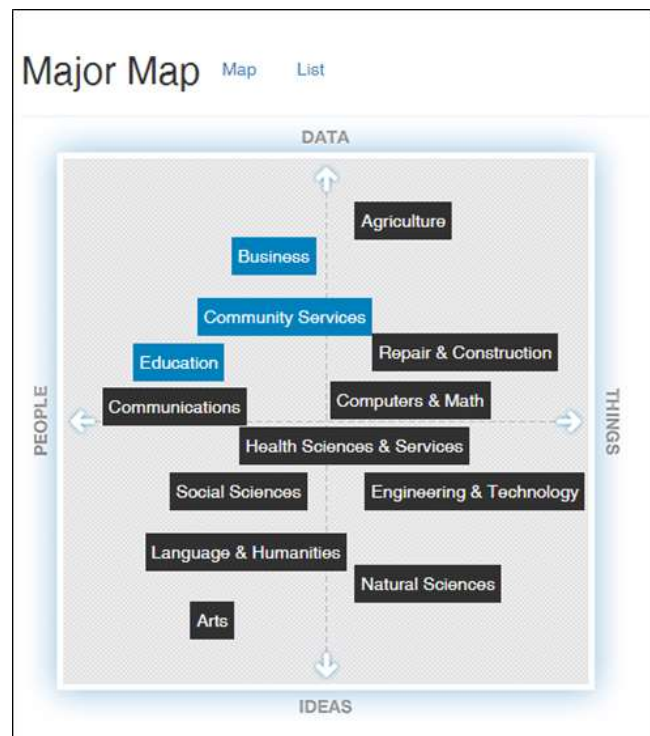
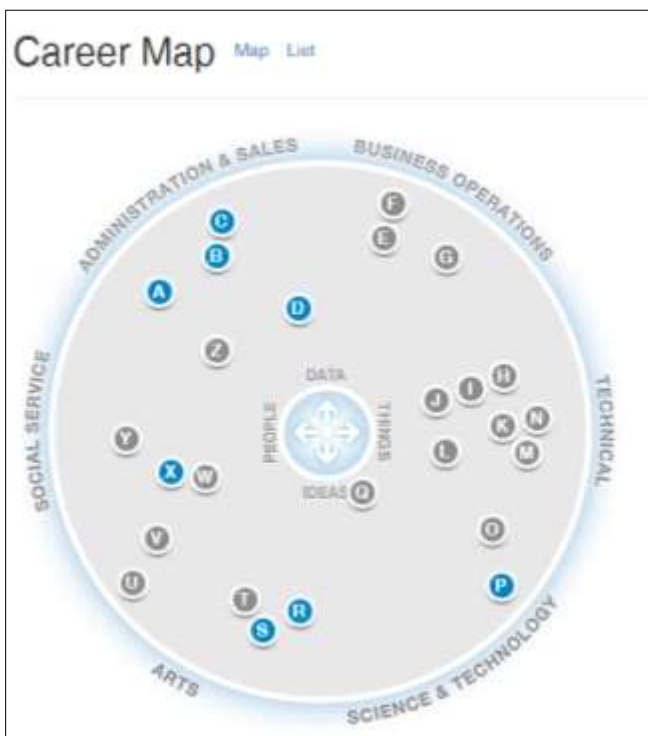
Like - I would like doing this activity

Back Next

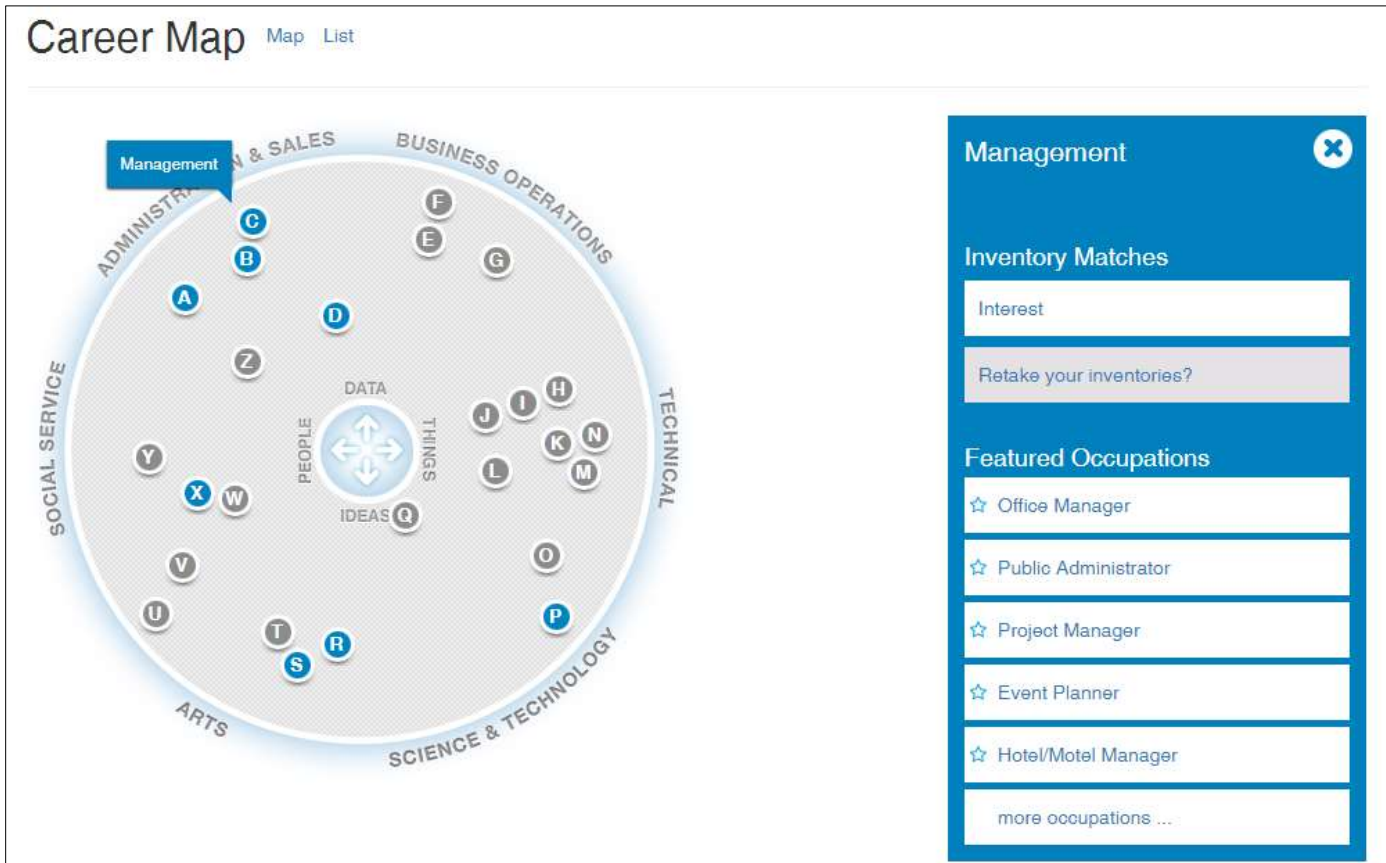
**Step Five:** Once you've completed the inventory, a Major and Career Map will be created that aligns your answers with specific majors/careers.

The screenshot shows the ACT Profile website interface. At the top is a dark blue navigation bar with the ACT Profile logo and menu items: Home, Profile, Education, Career, and Plans. Below the navigation bar is a search bar with the placeholder text "Search people by name, city, state, or email" and a magnifying glass icon. To the right of the search bar are icons for a mail envelope and a person with a plus sign. The main content area has a white background with the heading "Interest Inventory" and the subtext "Discover majors and occupations that fit your interests". Below this is a horizontal menu with five tabs: Introduction, Interest Inventory (which is highlighted with a white underline), Abilities Inventory, Values Inventory, and Inventory FAQ. The main message reads "Congratulations on completing your Interest inventory!" followed by the instruction "Use the Major and Career Map to find majors and careers in line with your interest." At the bottom of this section are two blue buttons: "Explore Careers" and "Explore Majors".

**Step Six:** The Maps identify careers and majors that align with your answers on the inventory questions. You can click on a highlighted Career or Major to further explore.

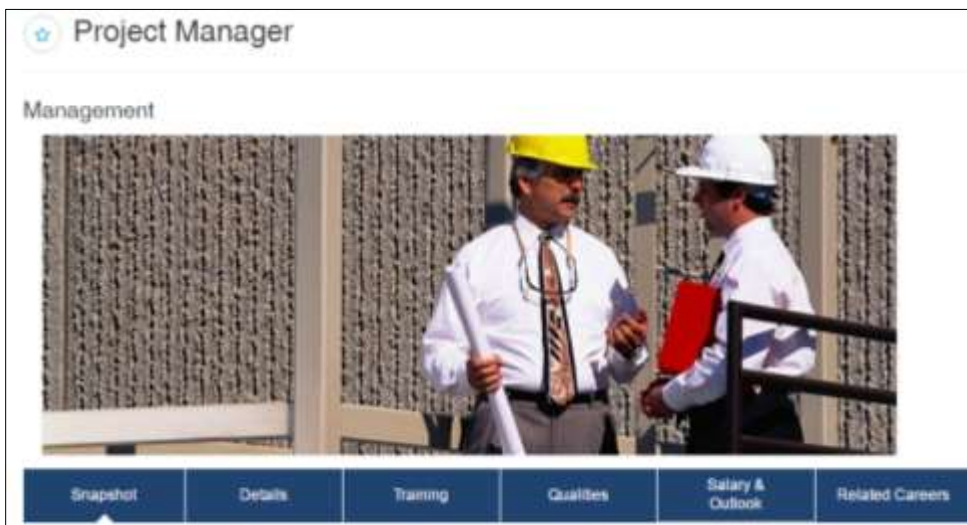


**Step Seven:** In the example below, clicking on **Management** on the Career Map provides you with a list of specific occupations that you can explore in detail.



The screenshot shows a "Career Map" interface. On the left, a circular map is divided into sectors: ADMINISTRATION & SALES, BUSINESS OPERATIONS, TECHNICAL, SCIENCE & TECHNOLOGY, ARTS, SOCIAL SERVICE, and MANAGEMENT. A blue callout box labeled "Management" points to a cluster of letters (A, B, C, D, E, F, G, H, I, J, K, L, M, N, O, P, Q, R, S, T, U, V, W, X, Y, Z) on the map. On the right, a sidebar titled "Management" contains a search bar for "Inventory Matches" with the text "Interest" and a button "Retake your inventories?". Below this is a section "Featured Occupations" with a list of roles: Office Manager, Public Administrator, Project Manager, Event Planner, and Hotel/Motel Manager, each with a star icon. A link "more occupations ..." is at the bottom of the list.

**Step Eight:** Clicking on **Project Manager** link in the list occupations provides you with an overview of that occupation along with information about required training, necessary qualities, salary and outlook, and related careers.



The screenshot shows a "Project Manager" occupation overview page. At the top, there is a star icon and the title "Project Manager". Below the title, the word "Management" is displayed. A photograph shows two men in white shirts and hard hats (one yellow, one white) reviewing blueprints on a construction site. At the bottom, there is a navigation bar with six tabs: "Snapshot", "Details", "Training", "Qualities", "Salary & Outlook", and "Related Careers". The "Snapshot" tab is currently selected.